Compassionate care is safe care

Yellow (Phase 3)— moderate risk  
Dependent on federal/state/local government guidance

We are committed to keeping you safe while you’re receiving care with us. Rest assured that we have implemented safeguards to minimize the exposure risks related to coronavirus (COVID-19) for our residents and our caregivers. Please contact your local community for more information. Changes are underlined.

Screening. All our associates are screened before they come to work and during their shift, using screening tools designed to help ensure they are healthy and symptom-free before entering our communities or providing care. Residents are routinely screened for symptoms and residents who leave the community for an outing, will be screened upon returning to the community and are highly encouraged to continue practicing social distancing, proper hand washing and masking while out.

Cleaning and disinfecting. Our environmental services teams will continue to perform rigorous disinfecting measures at all our communities, especially in high-touch areas. Unit-cleaning services will be available according to the procedure in place prior to the pandemic.

Visitor restrictions. We will be relaxing some of these restrictions to continue to maximize the safety of residents, and at the same time, provide residents with the social and spiritual support they need to thrive. Limited visitors will be allowed according to guidelines established by the Centers for Disease Control and Prevention (CDC) and The Centers for Medicare & Medicaid Services (CMS) for individuals age 65 and older and for congregate living spaces. We will offer staggered visiting hours to reduce the number of residents with overlapping guests in order to ensure social distancing. Please call the community before you arrive to determine if there are visitation openings. We will welcome guests until all visitor spots are filled. We are limiting guests to two visitors per resident, per time slot and we ask that each guest limit their visit to one hour, so others can enjoy a visit as well. You are welcome to wait in your car or outside of the community until a spot opens. Visiting hours are set for each community. All visitors must be screened, wear a cloth face covering or facemask for the duration of their visit, and follow proper hand hygiene requirements. At this time all guests are to be over the age of 12. Visitors who are unable or unwilling to do so, will not be permitted to visit. There will continue to be one designated entrance. And we have designated visiting areas, so there is limited interaction with others.

Social distancing. In accordance with CDC and CMS recommendations, all staff, residents and approved visitors will need to adhere to social distancing standards (six feet apart). We encourage
residents and guests to wear a cloth face covering when coming to our communities, if individuals are unable to maintain social distancing.

**New admission procedures.** We’re taking special care to welcome new residents into our communities who can benefit from our care and service during this time. New admissions into our skilled nursing facilities will be accepted to a designated unit and monitored for 14 days. New retirement community residents will need to self-isolate in their new unit for 14 days, unless they can supply proof that they tested negative for COVID-19 within the prior three days.

**Tours.** Tours will resume with precautions. Staggered appointment times will be available to reduce the number of guests in the community, all guests will be asked to adhere to social distancing standards and wear masks. We will also continue to arrange for personalized virtual tours, upon request.

**Dining, activities and amenities.** In accordance with social distancing guidelines, we will continue to offer limited communal dining options for COVID-19 negative residents only. Residents who are COVID negative are also able to participate in small group activities, including outings. Groups will be limited to no more than 10 people and will adhere to all social distancing, appropriate hand hygiene, and face covering requirements. Beauty shops will reopen with necessary precautions in place.

**Appointments and transportation.** Residents will be able to leave the community for necessary appointments and will be screened upon their return.

**Call ahead if you have questions.** By calling ahead, you can learn in advance about our safety procedures that must be followed for each community and schedule time to visit. We want to help keep you safe.

**What risks would make the community go backward?** An increase in COVID cases in the region; a new COVID case in our facility; access to adequate testing, Personal Protective Equipment (PPE) and staff; and local hospital capacity.